



September 2009



Riverside Christian School



Monday	Tuesday	Wednesday	Thursday	Friday
	Mac & Cheese 1 Peanut Butter Sandwich Broccoli Fruit Salad Bar Water / Milk	Soup Beans 2 Corn Bread Cole Slaw Fruit Salad Bar Water/ Milk	Meat Loaf 3 Sweet Potatoes Corn Bread Fruit Salad Bar Milk / Water	4
No School 7 Labor Day	Chicken Strips 8 Mashed Potatoes Green Beans Fruit Salad Bar Milk / Water	Potato Bar 9 All Fixings Fruit Salad Bar Milk / Water	Fish or Pork Sandwich 10 Cole Slaw Hush Puppies Fruit Salad Bar Milk / Water	Sandwich 11 Chips Cookies Fruit Veggie Stix Milk / Water
Goulash 14 Sweet Potatoes Fruit Dessert Salad Bar Milk / Water	Hot Dogs 15 Chips Baked Beans Fruit Salad Bar Milk / Water	Pizza Stix 16 Broccoli Fruit Salad Bar Dessert Water / Milk	Breakfast 17 Pancakes Bacon Eggs Apples Milk / Water	18
Sloppy Joe 21 French Fries Green Beans Fruit Salad Bar Water/ Milk	Lasagna 22 Garlic Bread Corn Fruit Salad Bar Water / Milk	Corn Dogs 23 French Fries Fruit Salad Bar Dessert Milk / Water	Chili 24 Peanut Butter Sandwich Corn Fruit Salad Bar Milk / Water	25
Chicken Casserole 28 Mashed Potatoes Gravy Bread Fruit Salad Bar Milk / Water	Turkey & Ham Wraps 29 Broccoli & Cheese Fruit Salad Bar Dessert Milk / Water	Cookout 30 Hamburger / Hot Dog Chips Potato Salad Baked Beans Fruit Milk / Water		

